



Family Dynamics

Family Dynamics Counselling offers solutions for a variety of problems that people experience in their everyday lives such as depression, anxiety, adolescent issues, family and blended family issues, couples communication and conflict resolution.



General Counselling

General Counselling offers face-to-face counselling for individuals across a range of issues such as relationships, grief, parenting difficulties, anxiety, depression - anything that may be negatively impacting a life.



Relationship Counselling

Relationship Counselling helps couples to better understand problem areas in their relationship and to resolve issues. It can be for couples, families or singles and may involve current or past relationships.

Employee Assistance Programs

Employee Assistance Programs are where employers provide counselling services for employees. They are intended to help employees deal with personal problems that may impact their work performance, health and general wellbeing - benefitting both employer and employee.



Personal & Professional Supervision

Personal and Professional Supervision can help individuals to grow both personally and professional by monitoring both personal and professional development and highlight learning areas.



Vocational Counselling & Assessments

Vocational Counselling assists in identifying the ideal and realistic job options for individuals, by assessing strengths and skills that will aid in finding suitable work. Weaknesses and lack of skills are also identified so to identify areas of development or modification.



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Our Mission is to ...

To provide affordable, inclusive and caring counselling services that will assist individuals to grow and develop, not only themselves and their children, but also their community.

**"Peace Through
Personal Growth"**

Family Dynamics

General Counselling

Relationship Counselling

Employee Assistance Programs

Personal & Professional Supervision

Vocational Counselling/Assessments



Private health rebates available.

YOUR CONSENT

Counselling Services

As part of providing a counselling service to you, Logan Counselling Services will need to collect and record personal information from you that is relevant to your current situation. This information will be a necessary part of the assessment and treatment that is conducted.

Access

You may access the material recorded in your file upon request, subject to the exceptions in the National Privacy Principle 6 (48 hours notice required).

Confidentiality

All personal information gathered by the counsellor during the provision of the counselling service will remain confidential and secure except when:

1. It is subpoenaed by a court, or
2. Failure to disclose the information would place you or another person at risk; or
3. Your prior written approval has been obtained to:
 - A. provide a written report to another professional or agency. eg. a GP or a lawyer; or
 - B. discuss the material with another person. eg. a parent or employer.
4. Required by law to be supplied to a regulatory authority.

As practitioners we abide by the National Privacy Act 1988 and use information collected for the purpose of individual client assistance. Further our organisation meets and is accredited with Fed Gov(Federal Government) DESE (Department of Education Skills and Employment) ISO27001 requirements. All records are held digitally securely in Australian onshore servers.

All personal information provided is confidential except as set out above or disclosure of a serious criminal offence or of a life threatening situation (suicidal or homicidal intent).

All clients are requested to report suicidal thoughts or impulses to their general practitioner or other medical treatment provider. Within the context of this Counselling Practice, cases may be discussed at either individual or Peer Group Supervision sessions without identifying details.

YOUR BILL OF RIGHTS

YOU HAVE THE RIGHT TO: -

- Receive respectful treatment and supportive counselling with a constant focus on reaching personal wholeness.
- Refuse treatment or a particular intervention strategy.
- Ask questions at any time about any service.
- Know how available the counsellor is to see you or what the waiting period is and to know the counsellor will not accept any gifts and will clarify payment.
- Have full information about donations and method of payment for any and all sessions.
- Choose your own lifestyle and to have that choice respected by your counsellor in every session.
- Have full information about the counsellor's areas of specialisation and limitations and preferences.
- Have full information about the counsellor's therapeutic orientation and any technique which is routinely used.
- Have full information regarding your diagnosis if your counsellor uses one or is relying on one.
- Consult as many counsellors as you choose until you find someone suitable to your preferences.
- Experience a safe setting, free from physical, sexual or emotional abuse or other form of pressure.
- Agree to a written contract of counselling goals and treatment plan and release form, if you wish.
- Talk about any part of your counselling with anyone you choose, including another counsellor or other person.
- Ask questions about the counsellor's values, background, attitudes that are relevant to counselling, and to be provided with respectful answers to all questions.

Cancellation / No Show Policy

We request a minimum of 24 hours' notice for any cancellations or changes to your scheduled appointment. In the event of a late cancellation or a no-show, a fee of \$55 will be charged to the credit card on file. This fee covers the costs associated with the reserved time slot that could have been offered to another client.

Read our full "No Show and Cancellation Fee Policy" at <https://logancounsellingservices.com.au/cancellation-no-show-policy/>

- Request that the therapist evaluate the progress of counselling at any stage of any session.
- Have full information regarding the limits of confidentiality and with whom and under what circumstances the counsellor may discuss your case – usually only within the Agency or with Supervisors of the counsellors.
- Know that the counsellor may break confidentiality under the following situations:
 1. Client (or client's legal representative) provides written permission for this to occur.
 2. Client appears to be suicidal and there is a clear risk of suicide.
 3. Client appears to be homicidal or is threatening to engage in behaviors where significant danger to others is likely.
 4. Client is a child and the counsellor has evidence that the client is being sexually or otherwise abused.
 5. Counsellor has evidence that a client is sexually abusing a minor.
 6. Required otherwise by law.
- Terminate therapy at any time for any reason.
- Disclose only that personal information which you choose, and refuse any question if you choose.
- Require the therapist to send a report regarding your therapy with your written authorisation. Have access to summaries of files about you at your written request within forty eight hours.

Assisting individuals, couples and families with their personal, work and family related issues and concerns.